

5000

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EVERYONE WELCOME

Open Race - 6:30 pm sharp

Elite Women - TBA dependent on number of participants

Elite Men - TBA dependent on number of participants

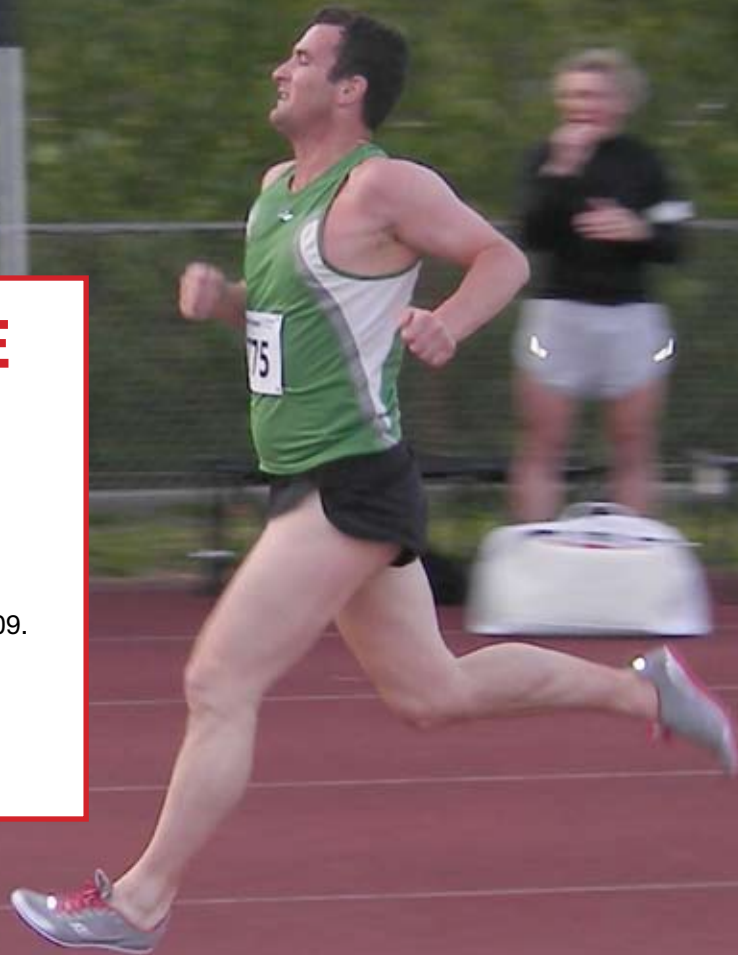
Registration: www.raceonline.ca

OR at event - 6:00 p.m. to 6:15 p.m. Friday, August 14th, 2009.

Registration \$10 online or on race day

Events: All 5000m, 12.5 laps

Location: Jack Wallace Memorial Track (Oak Bay High Track)



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