

25th
ANNUAL
LEGION

Twilight Shuffle



2009

PROVINCIAL 5K ROAD RACE CHAMPIONSHIP

CHEMAINUS BC

6.16.09

FAST 5K COURSE, Tuesday 7 pm, Chemainus Legion Hall, downtown Chemainus Rd. by the murals

Cash Prizes
Men's & Women's
Categories

OPEN

First \$250
Second \$150
Third \$ 50

MASTERS

First \$250
Second \$150
Third \$ 50

Win a trip for 2 to fabulous LAS VEGAS  the 2009 Las Vegas Marathon Weekend!

2009

Technical T for all Registrants

Oakley/adidas store on Site with Great Race Specials

Cash Prizes!



Twilight Shuffle 7pm Tuesday June 16, 2009 Chemainus Legion Hall

Register

Online: www.eventsonline.ca

By phone: 250.595.2378

By E-mail: islandrunner@telus.net

By mail: 1576 Fairfield Road, Victoria, BC V8S 1G1

Drop off: Island Runner in Fairfield Plaza, Victoria

Day of Race: Chemainus Legion Hall, Noon to 5:30 pm only

Race Packet pick up: Island Runner: Fri. June 12 - Sun June 14,

or Race day pick up: Legion Hall in Chemainus, Tues. June 16 to 6:30 pm

Name _____

Address _____

City _____ Postal _____

Phone _____ Day of race age _____ Male Female

E-mail _____

Divisions (check one)

- 10 and under 11 - 15 16 - 19 20 - 29 30 - 39
 40 - 49 50 - 59 60 - 69 70 and older

Registration Fees

- With Technical T shirt YES NO Specify Male Female
- BY JUNE 5 \$30 \$20 S M
AFTER JUNE 5 \$35 \$25 L XL
DAY OF RACE \$40 \$30

BC Athletics members deduct \$3.00 • BCA membership no. _____

ENTRY FEES NON-REFUNDABLE AND NON-TRANSFERABLE. Make cheques payable to *Twilight Shuffle*

Waiver: In consideration of accepting this entry, I hereby for myself, my heirs, executors and administrators waive and release Island Runner from all claims for damages I may have against them for any illnesses, injuries or losses I may sustain in this event. Signature _____ Date _____

SANCTIONED BY



Chronicle



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