

2017

ISLAND 36TH ANNUAL RACE SERIES

PRESENTED BY



Jan 8th, 11am

1 Harriers Pioneer 8k – Saanichton

REGISTER ONLINE AT ISLANDSERIES.ORG, MAIL OR DROP OFF ENTRIES MUST BE RECEIVED NO LATER THAN JAN 6TH AT:

Fronrunners Victoria, 1200 Vancouver St. | Fronrunners Shelbourne, 3659 Shelbourne Street | Fronrunners Westshore, 123-755 Goldstream Ave. | Fronrunners Nanaimo, 101-1825 Bowen Rd.

Adults				BCA Members				Students				Race Director(s)	Host Club	Make cheques payable to the host club and mail directly to their address
Early	Regular	Late	Race Day	Early	Regular	Late	Race Day	Early	Regular	Late	Race Day			
\$25	\$30	\$35	\$40	\$22	\$27	\$32	\$37	\$20	\$25	\$30	\$40	Kathleen Birney info@islandseries.org	Prairie Inn Harriers	2600 Herbate Road, Victoria, BC V9B 6J7

RACE FEE STRUCTURE
Entry fee is non-refundable and non-transferable between races or participants

EARLY (Up to Dec 8, 2016) **LATE** (On Jan 7, 2017)
 REGULAR (Up to Jan 5, 2017) **RACE DAY** (Cut off at 10:15am)

I would like to donate to Victoria Hospitals Foundation

\$10 \$20 \$50 \$100 Other \$ _____

PAYMENT ENCLOSED: \$
(Registration + Donation)

Name: _____ Address: _____
FIRST NAME LAST NAME

City: _____ Province: _____ Postal Code: _____ Phone: (_____) _____

Email: _____ DOB: ____/____/____ Gender: Male Female
YY MM DD

Club Name: _____ Sponsor/Team Name: _____ Are you employed by Island Health? Yes No

Age Category: 1-15 16-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90-99 2016/2017 BC Athletics Membership #: _____
AS OF DEC 31, 2017

WAIVER AGREEMENT (MUST BE CHECKED)

In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators waive and release the organizers of this event and its sponsors from any and all rights of claims and damages I may have against them, their representatives, successors and assigns, for any and all illness, injuries and/or losses I may sustain as a result of my participation in this event. I hereby acknowledge having read this Release and Waiver, and understand and accept its terms.

Signature: _____ Date: _____
GUARDIAN NAME & SIGNATURE IF PARTICIPANT IS UNDER 19 YEARS OF AGE

PRESENTING SPONSOR		GOLD SERIES SPONSOR		MEDIA PARTNERS		CHARITY SPONSOR		SERIES SPONSORS			

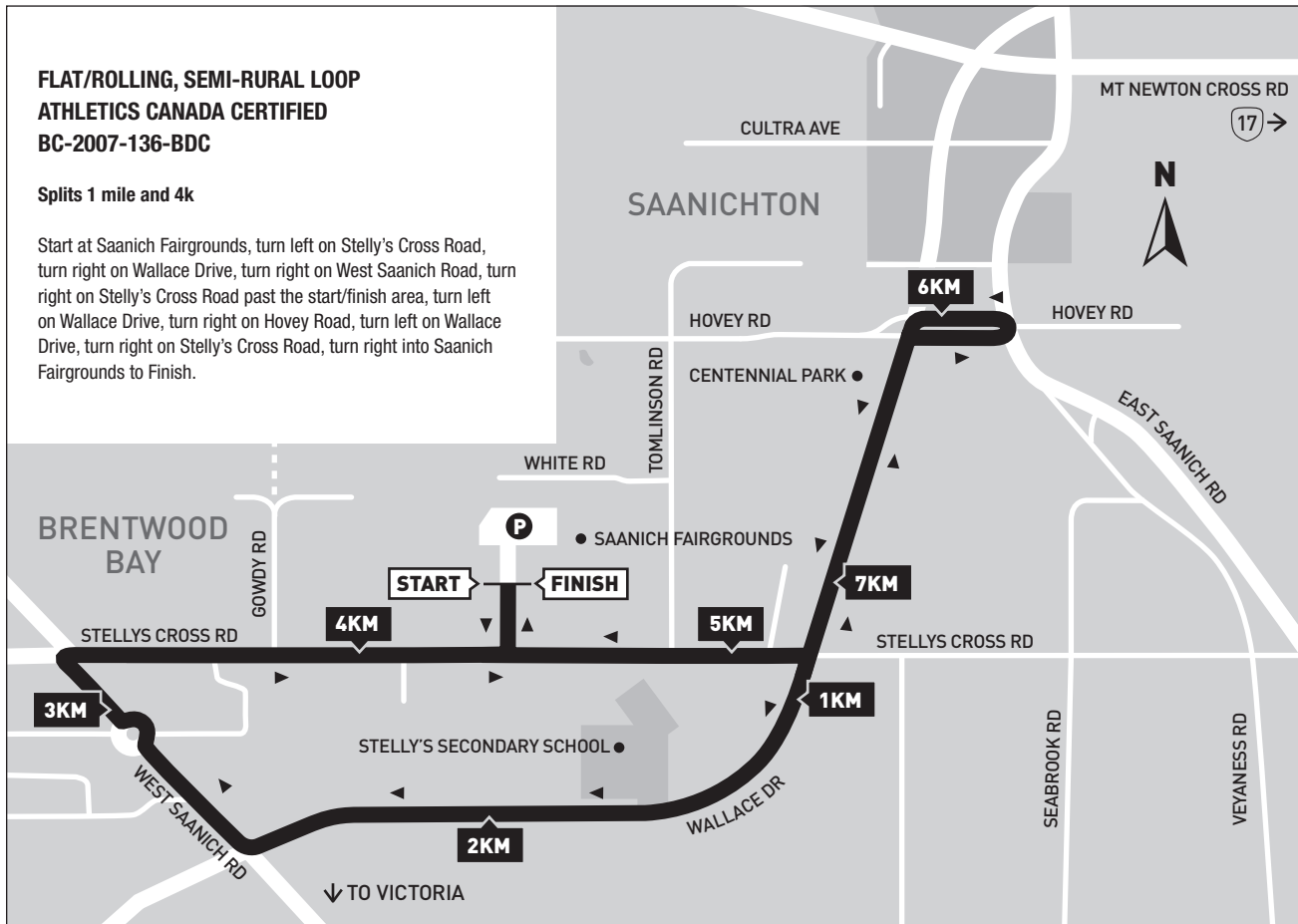
FOR LIABILITY INSURANCE REASONS the following are not allowed in races: Dogs, rollerblades, strollers, baby joggers, bikes, skateboards or earbuds.

HARRIERS PIONEER 8K – SAANICHTON – MAP & ROUTE INFORMATION

FLAT/ROLLING, SEMI-RURAL LOOP
ATHLETICS CANADA CERTIFIED
BC-2007-136-BDC

Splits 1 mile and 4k

Start at Saanich Fairgrounds, turn left on Stelly's Cross Road, turn right on Wallace Drive, turn right on West Saanich Road, turn right on Stelly's Cross Road past the start/finish area, turn left on Wallace Drive, turn right on Hovey Road, turn left on Wallace Drive, turn right on Stelly's Cross Road, turn right into Saanich Fairgrounds to Finish.



CATEGORIES

AGE	MEN	WOMEN
1-15	MJ	FJ
16-19	M16	F16
20-24	M20	F20
25-29	M25	F25
30-34	M30	F30
35-39	M35	F35
40-44	M40	F40
45-49	M45	F45
50-54	M50	F50
55-59	M55	F55
60-64	M60	F60
65-69	M65	F65
70-74	M70	F70
75-79	M75	F75
80-84	M80	F80
85-89	M85	F85
90-99	M90	F90

ALL RACES

#	RACE TITLE	DATE	START
1	Harriers Pioneer 8k Saanichton	JAN 8	11AM
2	Cobble Hill 10K Cobble Hill	JAN 22	11AM
3	Sooke River 10K Sooke	FEB 5	11AM
4	Hatley Castle 8K Colwood (Royal Roads)	FEB 19	11AM
5	Synergy Health Management Ltd. Bazan Bay 5K – Sidney	MAR 5	11AM
6	Comox Valley RV Half Marathon Courtenay	MAR 19	11AM
7	Port Alberni Paper Chase 10K Port Alberni	APR 2	11AM
8	Cedar 12K Cedar	APR 9	11AM

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SERIES SCORING

Individual – Each runner will be recorded and points awarded according to performance. The five best scores (including at least one race over 10k) will be totaled to determine Series standings. Runners in the 16 to 19 category will have the four best scores of all races. Runners in the 15 and under category will have the three best scores. Runners under 20 or 70 and over do not have to run a race longer than 10k to qualify for Series

SERIES AWARDS

Awards to 10th place for individuals in each category and trophies presented to: Overall top male and female of the Series, Top male and female.

EIGHT RACE BONUS

If you compete in all eight races of the 2017 Series or compete in seven races and volunteer for one race you will get a discount to register for the 2018 Series.

PHOTOS

Will be posted on the website and Facebook after each race.

RESULTS

Results are posted on racedaytiming.ca after each race.

REGISTRATION/ BIB PICK-UP

FRONTRUNNERS VICTORIA

1200 Vancouver St., Victoria, BC
 Saturday, Jan 7th, 10am – 3pm

RACE DAY (SAANICH FAIRGROUNDS)

1528 Stelly's Cross Road, Saanichton, BC
 Sunday, Jan 8th,

Limited late registration
9am – 10:15am

STARTS JAN 8, 11AM

1528 Stelly's Cross Road
 Saanichton, BC

AWARDS & PRIZES

Draw prizes will be drawn at each race that have been provided by our sponsors. Runners must be present at the drawing of prizes to win.

AMENITIES

Post-Race food and drink will be provided, including hot food and drinks. Change room and toilets, ample parking, Medical staff in attendance, Showers for out-of-town registrants.

INFORMATION

KATHLEEN BIRNEY
 T (250) 658-1960
info@islandseries.org

BOB REID
 T (250) 384-1520
bobreid04@gmail.com

MAIL CHEQUES TO:
 PRAIRIE INN HARRIERS
 2600 Herbate Road
 Victoria, BC
 V9B 6J7