

15th Annual**2013 Harriers Boxing Day 10-Mile Handicap
Results by Time****Thu., Dec. 26, 2013**

Pos	Name	Club	Handicap Start	Running Time	Placing Time	Actual Start	Finish Time	KM Pace	Mile Pace	Pts	10K Equiv	½ Mar Equiv
1	1 Randy Humble		10:32	1:06:17	11:38:17	10:15	11:21:17	04:07	06:37	693	0:39:48	1:28:23
2	1 Lance Watson	Lifesport	10:38	1:06:17	11:44:17	10:15	11:21:17	04:07	06:37	693	0:39:48	1:28:23
3	3 Gary Duncan	PIH	10:38	1:07:03	11:45:03	10:38	11:45:03	04:10	06:42	685	0:40:15	1:29:25
4	3 Claire Morgan	PIH	10:39	1:07:03	11:46:03	10:38	11:45:03	04:10	06:42	685	0:40:15	1:29:25
5	5 Kirsten Arensen	PIH	10:32	1:13:25	11:45:25	10:15	11:28:25	04:33	07:20	625	0:44:05	1:37:54
6	6 Nancy Baxendale	PIH	10:32	1:14:29	11:46:29	10:15	11:29:29	04:37	07:26	616	0:44:43	1:39:19
7	7 Buddy Bhandar	PIH	10:32	1:16:50	11:48:50	10:15	11:31:50	04:46	07:40	598	0:46:08	1:42:27
8	8 Franck Germain	PIH	10:32	1:20:00	11:52:00	10:32	11:52:00	04:58	07:59	574	0:48:02	1:46:41
9	9 John Sampson	Heliset Hále	10:23	1:20:18	11:43:18	10:15	11:35:18	04:59	08:01	572	0:48:13	1:47:05
10	10 Graham Fisher	TWC	10:32	1:20:20	11:52:20	10:15	11:35:20	04:59	08:01	571	0:48:14	1:47:07
11	11 Tyson Kranz		10:26	1:22:53	11:48:53	10:15	11:37:53	05:09	08:17	554	0:49:46	1:50:31
12	12 Kerry Carlson		10:23	1:23:12	11:46:12	10:15	11:38:12	05:10	08:18	552	0:49:57	1:50:57
13	12 Steve Braz		10:32	1:23:12	11:55:12	10:15	11:38:12	05:10	08:18	552	0:49:57	1:50:57
14	14 Philip Carruthers	Pacers	10:23	1:26:30	11:49:30	10:15	11:41:30	05:22	08:38	531	0:51:56	1:55:21
15	14 Tessni Carruthers	Pacers	10:32	1:26:30	11:58:30	10:15	11:41:30	05:22	08:38	531	0:51:56	1:55:21
16	16 Alison Carruthers	Pacers	10:13	1:28:34	11:41:34	10:15	11:43:34	05:30	08:51	518	0:53:10	1:58:06
17	17 Bernice Smith	Heliset Hále	10:08	1:40:08	11:48:08	10:15	11:55:08	06:13	10:00	458	1:00:07	2:13:32