

26th ANNUAL ISLAND RUNNER ELK/BEAVER ULTRAS

Hosted by Prairie Inn Harriers Running Club - Victoria, BC, Canada - May 11, 2013

OFFICIAL RACE RESULTS

100 Kilometre Division (National Championship - Men and Women)

| OA Pos | Cat Pos | Name | City | Age | Time |
|--------|---------|-------------------|-------------------|-----|----------|
| 1 | OM1 | Dave Proctor | Black Diamond, AB | 32 | 7:51:12 |
| 2 | MM1 | Oleg Tabelev | Calgary, AB | 47 | 8:21:05 |
| 3 | MM2 | Mark Smith | Edmonton, AB | 48 | 9:06:55 |
| 4 | MM3 | James Gardner | Tofino, BC | 50 | 10:01:37 |
| 5 | MM4 | Alain Dubé | Brentwood Bay, BC | 45 | 10:19:53 |
| 6 | MW1 | Bonnie Reszel | Victoria, BC | 45 | 10:59:05 |
| 7 | OM2 | Scott Reid | Calgary, AB | 28 | 11:18:15 |
| 8 | OM3 | Sam Chiu | Vancouver, BC | 34 | 11:26:39 |
| 9 | MM5 | Fred Mason | Lincoln, NB | 40 | 11:30:25 |
| 10 | OW1 | Andrea Kladar | Calgary, AB | 35 | 11:57:23 |
| 11 | MM6 | Rob Smith | Victoria, BC | 54 | 12:19:17 |
| 12 | MM7 | Kendell Dickinson | Richmond, BC | 44 | 12:25:05 |

20 runners registered in the 100K Division, 17 Started and 12 Finished.

Men's course record of 6:46:09 is held by Andy Jones, set in 1998.

Women's course record of 7:36:40 is held by Ellie Greenwood, set in 2010.

50 Mile Division

| OA Pos | Cat Pos | Name | City | Age | Time |
|--------|---------|----------------|-------------------|-----|----------|
| 1 | OM1 | Steven Johns | Victoria, BC | 33 | 8:19:46 |
| 2 | OM2 | Dave Campbell | Victoria, BC | 36 | 8:58:32 |
| 3 | MW1 | Laura Heaney | Victoria, BC | 50 | 9:24:12 |
| 4 | MM1 | Steve Hurcombe | Duncan, BC | 44 | 9:59:46 |
| 5 | OM3 | Glenn Jasechko | Victoria, BC | 22 | 10:29:55 |
| 6 | MM2 | Rob Sargeant | Courtenay, BC | 45 | 10:55:40 |
| 7 | MM3 | Peter Gray | Brentwood Bay, BC | 53 | 11:22:51 |
| 8 | OW1 | Mina Lee | Vancouver, BC | 24 | 13:18:46 |

11 runners registered in the 50 Mile Division, 8 started and 8 finished.

Men's course record of 5:44:00 is held by Adam Campbell set in 2011.

Women's course record of 6:41:15 is held by Denise McHale set in 2009.

50 Kilometre Division

| OA Pos | Cat Pos | Name | City | Age | Time |
|--------|---------|--------------------|---------------------|-----|---------|
| 1 | OW1 | Lise Wessels | Victoria, BC | 39 | 3:55:41 |
| 2 | MM1 | David Cull | Redmond, WA | 50 | 4:04:57 |
| 3 | MM2 | Harold Cull | Victoria, BC | 42 | 4:12:59 |
| 4 | OW2 | Danielle Mennie | Victoria, BC | 28 | 4:14:50 |
| 5 | MM3 | Keith Thaxter | Whitehorse, YT | 51 | 4:15:18 |
| 6 | OM1 | Adam Kelly | Victoria, BC | 33 | 4:24:32 |
| 7 | MW1 | Suzanne Erickson | Duncan, BC | 54 | 4:39:56 |
| 8 | MM4 | Rudy Massimo | Shawnigan Lake, BC | 52 | 4:44:48 |
| 9 | MM5 | Carlos Castillo | Victoria, BC | 61 | 5:05:35 |
| 10 | MM6 | Dennis Dreher | Regina, SK | 50 | 5:11:55 |
| 11 | OW3 | Kim Simons | Duncan, BC | 32 | 5:16:33 |
| 12 | MM7 | Jim Kingstone | Shawnigan Lake, BC | 56 | 5:20:01 |
| 13 | MM8 | David Appleby | Langley, BC | 40 | 5:20:53 |
| 14 | MM9 | Bob Sokol | West Vancouver, BC | 50 | 5:28:11 |
| 15 | MW2 | Andrea MacIntosh | New Westminster, BC | 40 | 5:30:39 |
| 16 | OW4 | Seffrona Smith | Edmonton, AB | 26 | 5:37:44 |
| 17 | MW3 | Nikki Jomha | Victoria, BC | 44 | 5:46:41 |
| 18 | MW4 | Hilary Thomas | Calgary, AB | 41 | 5:59:49 |
| 19 | MW5 | Karen Nichols | Austin, TX | 43 | 6:27:41 |
| 20 | MW6 | Juanita Olson | Victoria, BC | 56 | 6:36:46 |
| 21 | MM10 | Dan Cumming | Surrey, BC | 68 | 6:47:27 |
| 22 | MM11 | Sefton Smith | Ponoka, AB | 50 | 7:00:52 |
| 23 | MW7 | Peggy Ann Sherwood | Sidney, BC | 63 | 7:40:28 |

33 runners registered in the 50K Division, 26 started and 23 finished.

Men's course record of 3:13:21 is held by Niels Madsen set in 1999.

Women's course record of 3:34:18 is held by Lori Bowden set in 2000.

26.2 Mile First-Timers Marathon Division

| OA Pos | Cat Pos | Name | City | Age | Time |
|---------------|----------------|--------------|----------------|------------|-------------|
| 1 | MM1 | Gord Chilton | Parksville, BC | 56 | 3:59:37 |
| 2 | OM1 | James Allair | Ladysmith, BC | 38 | 5:50:01 |

3 runners registered in the 26.2 Mile Division First-Timers Marathon, 2 started and 2 finished.

Men's course record of 3:39:19 is held by John Blakeslee set in 2012.

Women's course record of 3:40:00 is held by Katie Simpson set in 2012.

25 Mile Division (Walkers Only)

1 walkers registered in the 25 Mile Division, 0 started and 0 finished.

Men's course record of 4:31:16 is held by Glenn Jaques set in 1997.

Women's course record of 5:01:49 is held by Martha McNeely set in 2009.

Notes:

1. The course is certified and accurately measured with a Jones Counter and bicycle. It is comprised of 4, 5, 8 or 10 laps of a 10 kilometre circuit plus 470 metres at the start of 80K to make the exact 50 Mile distance.
2. Sixty-Eight (68) participants registered for the 2013 event, Fifty-Three (53) started and Forty-Five (45) finished in all five divisions.