

Harriers Boxing Day Handicap 23rd Annual 2021 December 26

		-6°C, wind NE 10 kmh, gusts 25 kmh, 4cm fresh snow																				16.09344		10		10		21.0975		
Double lap 10-Mile		overall					overall					per race		overall					overall											
Sign up	Name	Home town	Affiliations	Race	Assigned Start	Actual Start	Start Pos	Halfway Turn hh : mm : ss	Turn Pos	Finish Time hh : mm : ss	Fin Pos	notes	Running Time	Time Rank	Penalty Time	Placement Time	Placing Rank	First Lap	Second Lap	Lap Delta	Running Points	GA	AG%	AG Rank	KM Pace	Mile Pace	10K Equivalent	Half Mara. Equivalent	Prize Taken	
10	Mark Seebaran	Victoria	PIH; TNLW	10 M	10:28 AM	10:28:00	2			11:49:38	5		1:21:38	2		11:49:38	4				561.5	M57	64.2%	3	5:04	8:10	0:49:05	1:49:02	coffee topping syrups	
8	Jeff Hunt	Victoria	PIH; TNW	10 M	10:35 AM	10:35:00	5	11:12:40	1	11:49:40	6		1:14:40	1		11:49:40	5	37:40	37:00		613.9	M48	64.8%	2	4:38	7:28	0:44:54	1:39:44	yellow touque	
1	Christopher Kelsall	Victoria	PIH; AIP; TNLW	10 M	10:22 AM	10:28:00	2	11:15:43	2			started late; stopped after 1 lap						47:43				M55								
4	Marao Akoar	Delta		10 M	10:30 AM	DNS																M25								
2	Sean Mitchell	Victoria	PIH; TNW; TNLW	10 M	10:34 AM	LWDR																M47								
3	Paul Yorke	Victoria	PIH	10 M	10:17 AM	WDR																M57								
5	Angela MacLean	Ladysmith	CeeVacs	10 M	10:26 AM	WDR																F47								
Single lap 5-Mile		overall					overall					per race		overall					overall											
Sign up	Name	Home Town	Affiliations	Race	Assigned Start	Actual Start	Start Pos	Finish Time hh : mm : ss	Fin Pos	notes	Running Time	Time Rank	Penalty Time	Placement Time	Placing Rank	Running Points	GA	AG%	AG Rank	KM Pace	Mile Pace	10K Equivalent	Half Mara. Equivalent	Prize Taken						
6	Laura Wyatt	Brentwood Bay	CVRR	5 M	10:52 AM	10:44:00	6	11:38:05	3	started very early	0:54:05	4	00:45	11:46:50	1	404.0	F62	58.5%	5	6:43	10:49	1:08:14	2:31:32	coasters						
11	Buddy Bhandar	Victoria		5 M	11:03 AM	10:27:00	1	11:11:34	1	started very early	0:44:34	2	01:00	11:48:34	2	490.3	M66	62.1%	4	5:32	8:55	0:56:13	2:04:52	—						
7	Gary Duncan	Victoria	PIH; TNW; TNLW	5 M	11:08 AM	11:04:04	7	11:44:32	4	started planned early	0:40:28	1	00:30	11:48:58	3	539.9	M64	67.1%	1	5:02	8:06	0:51:03	1:53:23	—						
1	Christopher Kelsall	Victoria	PIH; AIP; TNLW	5 M	11:03 AM	10:28:00	2	11:15:43	2	one and done; personal break	0:47:43	3	01:00	11:51:43	6	457.9	M55	52.6%	6	5:56	9:33	1:00:12	2:13:42	—						
9	Marcia Stromsroe	Victoria	PIH	5 M	10:53 AM	LWDR											F72													
Double lap 10-Mile		overall					overall					per race		overall					overall											
<i>min</i>				10	10:17 AM	10:28 AM		11:12:40			11:49:38		1:14:40	1		11:49:38	4	37:40	37:00		561.5		64.2%	2	4:38	7:28	0:44:54	1:39:44		
<i>max</i>				10	10:35 AM	10:35 AM		11:15:43			11:49:40		1:21:38	2		11:49:40	5	47:43	37:00		613.9		64.8%	3	5:04	8:10	0:49:05	1:49:02		
<i>spread</i>				10	0:18:00	0:07:00		0:03:03			0:00:02		0:06:58			00:02		10:03			52.4		0.7%	1	0:26	0:42	04:11	09:18		
Single lap 5-Mile		overall					overall					per race		overall					overall											
<i>min</i>				5	10:52 AM	10:27 AM					11:11:34		0:40:28	1		11:46:50	1				404.0		52.6%	1	5:02	8:06	0:51:03	1:53:23		
<i>max</i>				5	11:08 AM	11:04 AM					11:44:32		0:54:05	4		11:51:43	6				539.9		67.1%	6	6:43	###	1:08:14	2:31:32		
<i>spread</i>				5	0:16:00	0:37:04		0:00:00			0:32:58		0:13:37			04:53					135.9		14.6%	5	1:42	2:43	17:11	38:09		